

expert view



“For some, caesarean section remains a major surgical

procedure with a level of risk which should only be resorted to in case of specific complications. Others consider caesarean section quite simply to be the most efficient and straightforward means to deliver as well as the one attended by the least amount of risk. Supporters of this position argue that the safety of modern caesarean delivery has reached a point such that it is time to reevaluate its merits compared with the risks of a trial of labor -- both for the mother and fetus. Medical opinion is also divided in this matter as is that of the public. For many women, the experience of vaginal birth is among the most fulfilling of their entire life, Other women regard the experience of birth as the most painful thing that ever happened to them. It is generally agreed that the benefits of LSCS are mainly in favour of the fetus as are the risks of vaginal delivery and vice versa for the mothers. Large unbiased studies are needed to determine whether a potential benefit for the newborns outweighs the increased risk for the mothers associated with elective caesarean section.”

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